

## **Sharing a Connection**

Dear Friend,

We have recently shared a connection. When our eyes met, I could sense that our interaction had a deeper, more meaningful implication, and I felt that you noticed it too.

There are certain people in our life who we feel a much stronger connection to, than others. We seem to be drawn to them and immediately feel a sense of familiarity and closeness, the type that can be found in a loving family.

One reason why it's possible to experience such an immediate strong connection is when it originates on a level higher than the physical, which brings us to the concept of Soul families.

A "Soul Family" is a closely related group of souls who deliberately choose to incarnate on Earth and interact with each other. They gain experience by playing many roles over many lifetimes – a Child, Parent, Brother, Sister, Student, Teacher, a Rival or a Friend.

The stronger the connection and the more significant that person's role is in our life, the more likely they are to be part of the same soul family. This concept can expand to include connections that we may not be consciously aware of. For instance, there is a collective soul of the whole planet which encompasses everyone on Earth, so we are also part of one big human family.

This means that all our friends, family members, acquaintances, those people who we may walk past and never see again, and even those individuals who seem to project negativity towards us, are all here by agreement. It is an orchestration on the highest level. There are no accidents.

The circumstances around us are all fundamentally neutral and have no built-in meaning. We decide what everything means to us, and that's also how we determine a meaning for our life.

Upon feeling a strong connection with someone, certain questions may arise:

*"What shall I do about it?... Am I in love?..."*

Let's begin by focusing on a state of being we'd like to experience. You may prefer being confident, happy / playful / loving / grateful / wise / generous. Make a decision moment-by-moment that this is who you are, and take actions that are in alignment with that state, regardless of circumstances.

By acting from our preferred state, without placing conditions or setting expectations for a specific outcome, we allow the creation of the best possible outcome for everyone involved. Simply know that things are being worked out in a positive way on a higher level, and trust that everything that needs to happen, will happen naturally and effortlessly, with a perfect timing.

Therefore, you may choose to start treating such strong connections like a close family reunion. Look into their eyes and say "*hello*" to their soul. Shine the truth of who you are, so they have a beacon for finding themselves. Send them unconditional love and allow them to walk their path.

The answer to the last question is yes – we are all in love, because the ultimate truth is that...

***Love is all there is.***